

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
  November 2025												9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 PAINTING- ONE ON ONE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 MUSICAL MOVIE AFTERNOON 3:30 ICE CREAM SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK								
10:00 GROUP GROOVE (FITNESS) 10:30 ONE ON ONE PUZZLES 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		2	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 CHIT CHAT -ONE ON ONE 2:00 GROUP ARTIST WORKSHOP 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		3	9:30 FRESHEN UP & MUSIC 10:00 CIRCLE KICK BALL 10:30 SING-ALONG 1 FLOOR 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 HAND CARE- ONE ON ONE 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		4	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 CHIT CHAT ONE ON ONE 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		5	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 10:30 WATERCOLORS ONE ON ONE 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MATCHING BINGO (GROUP) 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		6	9:30 FRESHEN UP & MUSIC 10:00 PLAY BALL / FITNESS 11:00 INTERACTING SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		7	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 PAINTING- ONE ON ONE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 MUSICAL MOVIE AFTERNOON 3:30 ICE CREAM SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		8
10:00 GROUP GROOVE (FITNESS) 10:30 ONE ON ONE PUZZLES 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		9	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 CHIT CHAT -ONE ON ONE 2:00 GROUP ARTIST WORKSHOP 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		10	9:30 FRESHEN UP & MUSIC 10:00 CIRCLE KICK BALL 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 HAND CARE- ONE ON ONE 3:30 VETERANS DAY SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		11	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 ONE ON ONE PUZZLES 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		12	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 10:30 WATERCOLORS ONE ON ONE 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MATCHING BINGO (GROUP) 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		13	9:30 FRESHEN UP & MUSIC 10:00 PLAY BALL / FITNESS 11:00 INTERACTING SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		14	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 PAINTING- ONE ON ONE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 MUSICAL MOVIE AFTERNOON 3:30 ICE CREAM SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		15
10:00 GROUP GROOVE (FITNESS) 10:30 ONE ON ONE PUZZLES 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		16	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 CHIT CHAT -ONE ON ONE 2:00 GROUP ARTIST WORKSHOP 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		17	9:30 FRESHEN UP & MUSIC 10:00 CIRCLE KICK BALL 10:30 SING-ALONG 1 FLOOR 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 HAND CARE- ONE ON ONE 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		18	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 CHIT CHAT ONE ON ONE 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		19	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 10:30 WATERCOLORS ONE ON ONE 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MATCHING BINGO (GROUP) 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		20	9:30 FRESHEN UP & MUSIC 10:00 PLAY BALL / FITNESS 11:00 INTERACTING SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		21	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 PAINTING- ONE ON ONE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 MUSICAL MOVIE AFTERNOON 3:30 ICE CREAM SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		22
10:00 GROUP GROOVE (FITNESS) 10:30 ONE ON ONE PUZZLES 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		23	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 CHIT CHAT -ONE ON ONE 2:00 GROUP ARTIST WORKSHOP 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		24	9:30 FRESHEN UP & MUSIC 10:00 CIRCLE KICK BALL 10:30 SING-ALONG 1 FLOOR 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 HAND CARE- ONE ON ONE 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		25	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 11:00 MONTESSORY W/ DANIELA 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 CHIT CHAT ONE ON ONE 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		26	9:30 FRESHEN UP & MUSIC 10:00 MORNING HALL STROLL 10:30 WATERCOLORS ONE ON ONE 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MATCHING BINGO (GROUP) 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)		27	9:30 FRESHEN UP & MUSIC 10:00 PLAY BALL / FITNESS 11:00 INTERACTING SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		28	9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 PAINTING- ONE ON ONE 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 2:00 MAKING THE BAND (GROUP) 2:30 MUSICAL MOVIE AFTERNOON 3:30 ICE CREAM SOCIAL 5:00 DINNER 7:00 MOVIE & SNACK		29
10:00 GROUP GROOVE (FITNESS) 10:30 ONE ON ONE PUZZLES 11:00 SING ALONG (GROUP) 12:00 LUNCH 1:00 SIESTA TIME / READING TIME 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 DANCE TO THE MUSIC SOCIAL 5:00 DINNER		30	LEGEND: EMOTIONAL COGNITIVE PHYSICAL SOCIAL SPIRITUAL																	
PROGRAMS SUBJECT TO CHANGE.																				