THE PLAZA
AT PARKSQUARE

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR EXERCISE 11:00 MONTESSORI TIME WITH DANIELA 12:00 LUNCH 1:00 READING CORNER / SIESTA 1:30 AFTERNOON STRETCH 2:00 MUSIC BINGO 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**2** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 ARTIST WORKSHOP 12:00 LUNCH 1:00 READING CORNER / SIESTA 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 OUTDOORS MUSIC 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**3** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 WATERCOLORS 12:00 LUNCH 1:00 READING CORNER / SIESTA / 1:30 BREATH OF FRESH AIR TR 2:00 ICE CREAM SOCIAL 2:30 AFTERNOON MUSICAL MOVIE 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**4** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 BALLOON VOLLEYBALL 11:00 MONTESSORI W/ DANIELA 12:00 LUNCH 1:00 READING CORNER / SIESTA / 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 BREATH OF FRESH AIR & GREEN THUMB 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)
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