Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 ARTIST WORKSHOP 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**2** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 BALLOON VOLLEYBALL 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**3** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 PENCIL COLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 SING ALONG 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**4** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR EXERCISE 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 CONCERT & SNACKS 3:00 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**5** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 ARTIST WORKSHOP 11:30 SING-ALONG 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**6** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 SCENIC BUS RIDE 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV	**7** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 WATERCOLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)
8 BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 ARTIST WORKSHOP 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL & MOVIE 3:30 GRANDPARENTS DAY SOCIAL 5:00 DINNER 6:30 MOVIE & SNACK	**9** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 BALLOON VOLLEYBALL 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**10** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 PENCIL COLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 SING ALONG 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**11** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR EXERCISE 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 CONCERT & SNACKS 3:00 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**12** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 ARTIST WORKSHOP 11:30 SING-ALONG 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**13** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 SCENIC BUS RIDE 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV	**14** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 WATERCOLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)
15 BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 ARTIST WORKSHOP 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**16** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 BALLOON VOLLEYBALL 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**17** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 PENCIL COLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 SING ALONG 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**18** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR EXERCISE 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 CONCERT & SNACKS 3:00 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**19** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 ARTIST WORKSHOP 11:30 SING-ALONG 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**20** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 SCENIC BUS RIDE 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV	**21** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 WATERCOLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)
22 BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 ARTIST WORKSHOP 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**23** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 BALLOON VOLLEYBALL 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**24** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 PENCIL COLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 SING ALONG 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**25** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR EXERCISE 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 CONCERT & SNACKS 3:00 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	**26** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 ARTIST WORKSHOP 11:30 SING-ALONG 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**27** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 SCENIC BUS RIDE 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV	**28** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 CHAIR TRAVEL 10:30 CIRCLE KICK BALL 11:00 MORNING BINGO 11:30 WATERCOLORS 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MUSICAL MOVIE & SNACKS 3:30 SOCIAL HOUR 60'S STYLE 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)
29 BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 MORNING STRETCH 10:30 SING-ALONG 11:00 ARTIST WORKSHOP 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 ICE CREAM SOCIAL 2:30 BINGO 3:30 DISCO SOCIAL HOUR 5:00 DINNER 6:30 MOVIE & SNACK	**30** BREAKFAST 9:30 FRESHEN UP & MUSIC 10:00 BALLOON VOLLEYBALL 11:00 MONTESSORY WITH DANIELA 12:00 LUNCH 1:00 READING CORNER 1:30 AFTERNOON STRETCH 2:00 MAKING THE BAND 2:30 MUSICAL MOVIE & SNACK 3:30 50'S SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)					

THE PLAZA
AT PARKSQUARE

September 2024