

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 ROSE PARADE FROM PASADENA 10:30 CHAIR YOGA 11:00 MATCHING GAMES 12:00 LUNCH 1:30 OUTDOORS MUSIC LISTENING 2:00 ARTIST WORKSHOP 3:30 PLAY BALL & MUSIC 5:00 DINNER 6:30 MOVIE & SNACK	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 DRAWING EMOTIONS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FINISH THE LYRICS 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 BREATH OF FRESH AIR 11:30 PENCIL COLORS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FUNNIEST VIDEOS 3:30 REMINISCING 5:00 DINNER 7:00 WHEEL OF FORTUNE	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME 2:00 SKETCHING W/ TONY 3:00 MUSIC BINGO 3:30 SIXTIES SOCIAL 5:00 DINNER 6:30 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 BLACK OR RED CARD GAME 12:00 LUNCH 1:00 SIESTA TIME 2:00 LET'S PUZZLE W/ TONY 3:00 SENSORY: WORKING W/ CLAY 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 FINISH THE WORD 12:00 LUNCH 1:00 SIESTA TIME 2:00 CONCERT & SNACKS 3:00 AROUND THE WORLD 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 DANCE TO THE MUSIC 11:00 NAME THAT TUNE 12:00 LUNCH 1:00 SIESTA TIME 2:00 AFTERNOON MUSICAL MOVIE 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 MOVIE & SNACK
10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 MATCHING GAMES 12:00 LUNCH 1:30 OUTDOORS MUSIC LISTENING 2:00 ARTIST WORKSHOP 3:30 PLAY BALL & MUSIC 5:00 DINNER 6:30 MOVIE & SNACK	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 DRAWING EMOTIONS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FINISH THE LYRICS 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 BREATH OF FRESH AIR 11:30 PENCIL COLORS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FUNNIEST VIDEOS 3:30 REMINISCING W 5:00 DINNER 7:00 WHEEL OF FORTUNE	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME 2:00 SKETCHING W/ TONY 3:00 MUSIC BINGO 3:30 SIXTIES SOCIAL 5:00 DINNER 6:30 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 BLACK OR RED CARD GAME 12:00 LUNCH 1:00 SIESTA TIME 2:00 LET'S PUZZLE W/ TONY 3:00 SENSORY: WORKING W/ CLAY 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 FINISH THE WORD 12:00 LUNCH 1:00 SIESTA TIME 2:00 CONCERT & SNACKS 3:00 AROUND THE WORLD 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 DANCE TO THE MUSIC 11:00 NAME THAT TUNE 12:00 LUNCH 1:00 SIESTA TIME 2:00 AFTERNOON MUSICAL MOVIE 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 MOVIE & SNACK
10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 MATCHING GAMES 12:00 LUNCH 1:30 OUTDOORS MUSIC LISTENING 2:00 ARTIST WORKSHOP 3:30 PLAY BALL & MUSIC 5:00 DINNER 6:30 MOVIE & SNACK	MARTIN LUTHER KING JR. DAY 10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 DRAWING EMOTIONS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FINISH THE LYRICS 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 BREATH OF FRESH AIR 11:30 PENCIL COLORS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FUNNIEST VIDEOS 3:30 REMINISCING 5:00 DINNER 7:00 WHEEL OF FORTUNE	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME 2:00 SKETCHING W/ TONY 3:00 MUSIC BINGO 3:30 SIXTIES SOCIAL 5:00 DINNER 6:30 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 BLACK OR RED CARD GAME 12:00 LUNCH 1:00 SIESTA TIME 2:00 LET'S PUZZLE W/ TONY 3:00 SENSORY: WORKING W/ CLAY 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 FINISH THE WORD 12:00 LUNCH 1:00 SIESTA TIME 2:00 CONCERT & SNACKS 3:00 AROUND THE WORLD 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 DANCE TO THE MUSIC 11:00 NAME THAT TUNE 12:00 LUNCH 1:00 SIESTA TIME 2:00 AFTERNOON MUSICAL MOVIE 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 MOVIE & SNACK
CHINESE NEW YEAR /RABBIT 10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 MATCHING GAMES 12:00 LUNCH 1:30 OUTDOORS MUSIC LISTENING 2:00 ARTIST WORKSHOP 3:30 PLAY BALL & MUSIC 5:00 DINNER 6:30 MOVIE & SNACK	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 DRAWING EMOTIONS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FINISH THE LYRICS 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 BREATH OF FRESH AIR 11:30 PENCIL COLORS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FUNNIEST VIDEOS 3:30 REMINISCING 5:00 DINNER 7:00 WHEEL OF FORTUNE	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 SCENIC RIDE 12:00 LUNCH 1:00 SIESTA TIME 2:00 SKETCHING W/ TONY 3:00 MUSIC BINGO 3:30 SIXTIES SOCIAL 5:00 DINNER 6:30 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 BLACK OR RED CARD GAME 12:00 LUNCH 1:00 SIESTA TIME 2:00 LET'S PUZZLE W/ TONY 3:00 SENSORY: WORKING W/ CLAY 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 FINISH THE WORD 12:00 LUNCH 1:00 SIESTA TIME 2:00 CONCERT & SNACKS 3:00 AROUND THE WORLD 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 DANCE TO THE MUSIC 11:00 NAME THAT TUNE 12:00 LUNCH 1:00 SIESTA TIME 2:00 AFTERNOON MUSICAL MOVIE 3:30 PLAY BALL & MUSIC 5:00 DINNER 7:00 MOVIE & SNACK
10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 MATCHING GAMES 12:00 LUNCH 1:30 OUTDOORS MUSIC LISTENING 2:00 ARTIST WORKSHOP 3:30 PLAY BALL & MUSIC 5:00 DINNER 6:30 MOVIE & SNACK	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 DRAWING EMOTIONS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FINISH THE LYRICS 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 5:00 DINNER 7:00 WHEEL OF FORTUNE (TV)	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 BREATH OF FRESH AIR 11:30 PENCIL COLORS 12:00 LUNCH 1:00 SIESTA TIME 2:00 FUNNIEST VIDEOS 3:30 REMINISCING 5:00 DINNER 7:00 WHEEL OF FORTUNE	<h1>January 2023</h1> <p>M.C. Activities Calendar</p>			