

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 PLAY BALL 1:00 SIESTA TIME 2:00 SING-ALONG 3:00 MAKEOVERS 3:30 BREATH OF FRESH AIR 6:30 COMEDY MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 ARTIST WORKSHOP WATERCOLORS 1:00 SIESTA TIME 2:00 BINGO 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 7:00	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 DRUM FUN 11:30 PENCIL COLORS 1:00 SIESTA TIME 2:00 DANCE TO THE MUSIC WITH JESUS A. 4:00 FUNNY VIDEOS 7:00 WHEEL OF FORTUNE	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 SCENIC RIDE 1:00 SIESTA TIME 2:00 SKETCHING 3:00 MUSIC BINGO 3:30 SIXTIES MUSIC LISTENING 6:30 COMEDY MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 PLAY BALL 1:00 SIESTA TIME 2:00 SING-ALONG 3:00 MAKEOVERS 3:30 BREATH OF FRESH AIR 6:30 COMEDY MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 ARTIST WORKSHOP WATERCOLORS 1:00 SIESTA TIME 2:00 ARMCHAIR TRAVEL /ITALY 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 7:00 MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH ACT 11:00 BREATH OF FRESH AIR TR OUTDOORS & MUSIC 1:00 SIESTA TIME 1:30 MATCHING GAME ACT 2:00 TO THE MOVIES ACT 3:30 PET THERAPY 7:00 WHEEL OF FORTUNE TV
MOTHERS' DAY 10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 PLAY BALL 1:00 SIESTA TIME 2:00 SING-ALONG 3:00 MAKEOVERS 3:30 MOTHERS' DAY TEATIME 6:30 COMEDY MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 ARTIST WORKSHOP WATERCOLORS 1:00 SIESTA TIME 2:00 BINGO 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 7:00 MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH 11:00 DRUM FUN 11:30 PENCIL COLORS 1:00 SIESTA TIME 2:00 DANCE TO THE MUSIC WITH JESUS A. 4:00 FUNNY VIDEOS 7:00 WHEEL OF FORTUNE	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 LUNCH AT THE PARK 1:00 SIESTA TIME 2:00 SKETCHING 3:00 MUSIC BINGO 3:30 SIXTIES MUSIC LISTENING 6:30 COMEDY MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 CHAIR YOGA 11:00 PLAY BALL 1:00 SIESTA TIME 2:00 SING-ALONG 3:00 MAKEOVERS 3:30 BREATH OF FRESH AIR 6:30 COMEDY MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MOVE AND GROOVE 11:00 ARTIST WORKSHOP WATERCOLORS 1:00 SIESTA TIME 2:00 ARMCHAIR TRAVEL /ITALY 3:00 SENSORY: HAND MASSAGE 3:30 SING A LONG SOCIAL 7:00 MOVIE NIGHT	10:00 NATURE PROGRAMS 10:30 MORNING STRETCH ACT 11:00 BREATH OF FRESH AIR TR OUTDOORS & MUSIC 1:00 SIESTA TIME 1:30 MATCHING GAME ACT 2:00 TO THE MOVIES ACT 3:30 PET THERAPY 7:00 WHEEL OF FORTUNE TV
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May 2022

M.C. Activities Calendar

Programs Subject to Change