

8201 Stirling Road, Bldg. C • Cooper City, FL 33328 • (754) 312-2733

#### **Celebrate Our Freedom**

On July 4, all across the land of the free and the home of the brave, the U.S. commemorates the adoption of the Declaration of Independence by the Continental Congress in 1776. Happy birthday, America!

#### Celebrating Residents' Birthdays

On June the 2nd, our resident, Yvonne Sullivan, celebrated her 86th birthday along with her friends and family for Cyrus social hour. Yvonne had her favorite entertainer impersonator here at Cyrus, which was Elvis. Residents, friends and family had a fantastic time. That was an event that Cyrus Memory Care will never forget. Cyrus would like to thank the Sullivan family for that special event. Down below is a picture of Yvonne and her family at Cyrus social hour. Cyrus would like to thank Mrs. Kim Oborne once again!!!!



## **July 2024**

#### **Avoid Delays at the Doctor**

The average wait time to see a doctor is 18 minutes. To help avoid this delay, doctors advise asking for the first or second appointment of the day. These are prime slots because office schedules aren't yet backed up due to emergencies and late patients.



### **Residents Enjoying a Festive Time**





# July 2024

OF DAVIE - CYRUS						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Morning Exercise 11:00 Finish the Phrase 12:00 Lunch 2:00 Arts and Crafts 2:30 Social Hour with Maricarmen 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	10:00 Morning Exercise 11:00 Coffee Hour 12:00 Lunch 2:30 Bingo 3:30 Ice Cream Cones 5:00 Dinner 6:30 Evening Movie	10:00 Morning Movie 11:00 Balloon Toss 12:00 Lunch 1:30 Trivia 2:30 Balloon Toss 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	Independence Day  9:30 Walking Club with Jose 10:00 Horticulture with Robert 11:00 Name the State Capital 12:00 Lunch 2:30 Social Hour with Rosalyn 5:00 Dinner 6:30 Evening Movie	5 10:00 Morning Movie 10:00 Scenic Bus Ride 12:00 Lunch 1:30 What a Colorful World 2:30 Social Hour with Dragon 3:30 Snack n' Chat 4:30 Shabbat with Rabbi Newman 5:00 Dinner 6:30 Golden Girls	10:00 Morning Exercise 11:00 Balloon Toss 12:00 Lunch 2:30 Father Knows Best 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie
7 10:00 Morning Exercise 11:00 Music with Celine 12:00 Lunch 1:30 Ball Toss 2:30 Bingo 5:00 Dinner 6:30 Evening Movie	8 10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 2:00 Arts and Crafts 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	9 10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 1:30 Ball Toss 2:30 Bingo 3:30 Snack n' Chat 5:00 Dinner 6:30 Game Shows	10:00 Morning Movie 11:00 Music with Tom Jones 12:00 Lunch 2:30 Social Hour with Iris 3:30 Snack n' Chat 5:00 Dinner 6:30 Golden Girls	9:30 Walking Club with Jose 10:00 Morning Exercise	12 10:00 Morning Movie 10:00 Scenic Bus Ride 12:00 Lunch 2:00 Making Strawberry Shortcakes 4:30 Shabbat with Rabbi Newman 5:00 Dinner 6:30 Family Feud	13 10:00 Morning Exercise 11:00 Morning Movie 12:00 Lunch 1:30 Music with Nat King Cole 2:30 Balloon Toss 3:30 Snack n' Chat 5:00 Dinner 6:30 Shirley Temple
14 10:00 Morning Exercise 11:00 Virtual Visits in London 12:00 Lunch 2:30 Bingo 3:30 Ice Cream Cones 5:00 Dinner 6:30 Golden Girls	15 10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 2:00 Arts and Crafts 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	16 10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 1:30 Ball Toss 2:30 Fill Your Picture Albums 3:30 Snack n' Chat 5:00 Dinner 6:30 '50s and '60s Music	17 10:00 Morning Movie 11:00 Music with Tom Jones 12:00 Lunch 1:30 Remember When 2:30 Afternoon Movie 3:30 Balloon Toss 5:00 Dinner 6:30 Father Knows Best	10:00 Horticulture with Rob	19 10:00 Morning Movie 11:30 Cyrus Luncheon 12:00 Lunch 1:30 Bingo 3:30 Ice Cream Cones 4:30 Shabbat with Rabbi Newman 5:00 Dinner 6:30 Evening Movie	10:00 Morning Exercise 11:00 Morning Movie 12:00 Lunch 1:30 Music with Nat King Cole 2:30 What a Colorful World 3:30 Snack n' Chat 5:00 Dinner 6:30 I Love Lucy
10:00 Morning Exercise 11:00 Virtual Visits in London 12:00 Lunch 2:30 Bingo 3:30 Ice Cream Cones 5:00 Dinner 6:30 I Love Lucy	10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 2:00 Arts and Crafts 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 1:30 Ball Toss 2:30 Root Beer Floats 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	10:00 Morning Movie 11:00 Music with Tom Jones 12:00 Lunch 1:30 Puzzles 2:30 Social hour with Iris 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	9:30 Walking Club with Jose 10:00 Morning Exercise	10:00 Morning Movie 10:00 Scenic Bus Ride 12:00 Lunch 3:00 Snack n' Chat 4:30 Shabbat with Rabbi Newman 5:00 Dinner 6:00 Evening Movie	10:00 Morning Exercise 11:00 Morning Movie 12:00 Lunch 1:30 Music with Nat King Cole 2:30 Social hour with Ralph 3:30 Snack n' Chat 5:00 Dinner 6:30 Happy Days
10:00 Morning Exercise 11:00 Virtual Visits in London 12:00 Lunch 2:30 Bingo 3:30 Ice Cream Cones 5:00 Dinner 6:30 Evening Movie	10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 2:00 Arts and Crafts 3:30 Snack n' Chat 5:00 Dinner 6:30 Evening Movie	10:00 Morning Exercise 11:00 Aromatherapy 12:00 Lunch 1:30 Ball Toss 3:30 Snack n' Chat 5:00 Dinner 6:00 Shirley Temple	31 10:00 Morning Movie 11:00 Music with Tom Jones 12:00 Lunch 1:30 Balloon Toss 2:30 Afternoon Movie 4:00 What a colorful World 5:00 Dinner 6:00 Gilligan's Island	Happy Birthdays Winifred Graham 7/26 Simon Esquanazi 7/22		





